

*“Without prosperous local economies, the people have no power  
and the land no voice.”*

Wendell Berry

## **Headwaters New Buy Local Guide**

### ***Building a Local Economy***

In July, we encourage you to look for Headwaters’ new Buy Local Guide. It will be arriving in the mail and will be available at local retail stores throughout Headwaters.

We invite you to take a look at this great new guidebook. It lists food growers, producers and retailers in the Headwaters area. You can use it when you need to know where to buy a fresh turkey, pick up vegetables or find a home-cooked fruit pie. It tells you who in Headwaters has certified organic food and when farmers’ markets are open.

It also lists the environmental services offered in your municipality. At a glance you can find out where to recycle batteries, when old paint cans can be dropped off and what to do with any hazardous compounds you might have lurking in the back of your shed.

You can also take a pledge to reduce your impact on the environment. You’ll find a list of actions that you can take to reduce your ecological footprint. It is a way for you to really do something for Headwaters.

Use this guide and frequent the businesses listed and advertised in it. But most of all, feel the goodness associated with eating peas or tomatoes grown down the road by your neighbours and friends. Know that with every local purchase you are making Headwaters a healthier, more vibrant community.

Enjoy.

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